

Liverpool Catholic Ramblers Newsletter

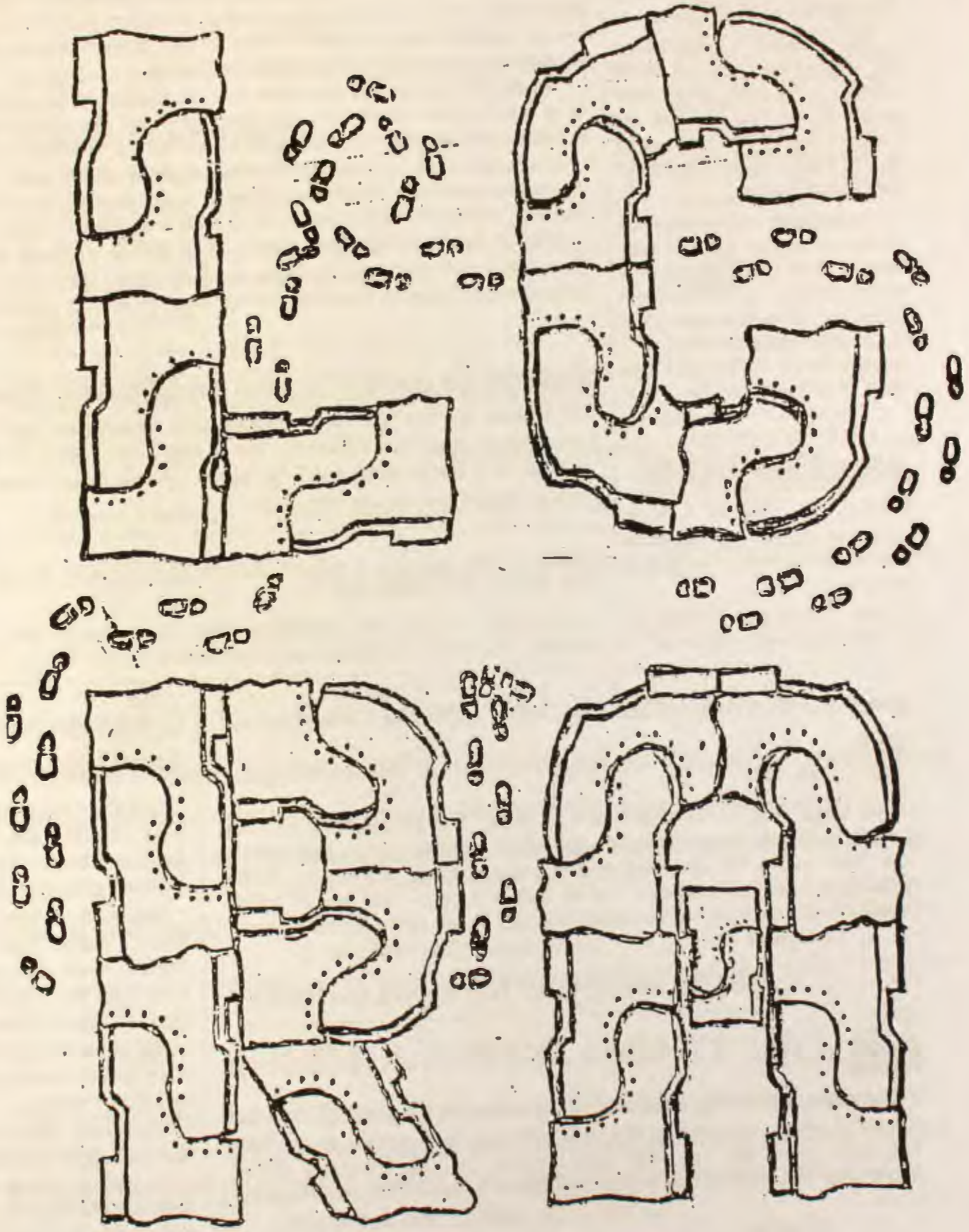
SEPTEMBER 2004

Seventh Series – Issue 46



ANNUAL SUBSCRIPTIONS ARE NOW DUE

Single members £5, Married Couples £6



Editorial

THE SEPTEMBER sunshine greets this short 4-page edition. The new winter programme will shortly be planned and then printed after the AGM. Note that new programmes will only be given to you after renewing your annual subscriptions.

Due to injury, I haven't been out walking lately and no recent ramble write-ups have been posted to me (except from the Seniors' Section) so there are no ramble reports in this edition for the General Section.

Accordingly it just needs one or two of you to spend a little time to write your version of a recent ramble, or a weekend away, and give it (or send it) to me for the next newsletter, at 7 Abbotts Way, Billinge, Wigan WN5 7SB. Thanks.

Dave News

Can you believe this?

RUMOUR is that in a book publishers recently an unprinted manuscript was unearthed entitled:

! Irish Dancing - Volume 2:
- What to do with your arms!

Ramblerite

BUTTERMERE this weekend (Sept 3rd - 5th) is looking promising weatherwise for the lucky club members who will be staying at the Youth Hostel there. The weekend is a week later than planned because (fortunately) the recent rainy bank holiday weekend was booked up.

At least one ramble had to be cancelled recently because of insufficient numbers and I haven't been out with the club for five weeks because of an ankle injury, but before we start predicting doom and gloom for the club we are reminded that we had no walks for five years during the Second World War, but the club soon bounced back again.

Incidentally, a latest survey reveals that one in three Welsh people stay in on a Sunday and watch TV! I presume that would also apply to people in Merseyside, so many of us definitely need to get out rambling more.

We could start by booking for the Anglesey and Pooley Bridge (Ullswater) rambles in September followed by the four walks in October (having a rest on the middle Sunday when there is no planned walk).

Richie, Carol and Ken have done a recce for the Anglesey walks - Carol will include Holyhead Mountain and Richie has a good coastal walk planned in the Trearddur Bay area. So hope many of you can make it.

Dave News

New Year break at the Ambleside Hostel

THIS short holiday has to be booked well in advance, and many have already paid their deposits - see or ring Dave Dickel 0124 453 3995 or Will Harris 4866 6541 for last-minute bookings. Note there will be no coach - cars will be used.



NEW MEMBERS

WELCOME to all new members who have joined our ranks recently. We hope you spend many memorable years with us.

Spotted on a notice board in Cambridge University by Richie Cannon:



Dear Seth

I want a man who knows what love is all about. You are generous, kind and thoughtful. People who are not like you admit to being useless and inferior. You have ruined me for other men. I yearn for you. I have no feeling whatsoever when we're apart. I can be forever happy - will you let me be yours?

Josephine

OR

Are you using your full stops correctly?



Dear Seth

I want a man who knows what love is. All about you are generous, kind and thoughtful people who are not like you. Admit to being useless and inferior. You have ruined me. For other men I yearn. For you I have no feeling whatsoever. When we're apart, I can be forever happy. Will you let me be?
Yours

Josephine

Cavemen had early barbecues

CAVEMEN began cooking food 280,000 years earlier than originally thought, archaeologists now claim.

Neanderthal flint axe-heads, knives and the charred bones of a pygmy horse have been found on a dig in Harnham, Wilts.

The discovery pre-dates other British cooking fires by 280,000 years.

Palaeolithic expert Mark Roberts said: "Obviously there will be a time when cooking first began but this is the oldest by miles."



NOTICE is hereby given that the Seventy-eighth

Annual General Meeting

of the Liverpool Catholic Ramblers' Association

will take place on **Thursday, 23rd September 2004 at 8.30pm**
at the **Ship and Mitre Public House (upstairs), Dale Street**

AGENDA

- 1 To approve the Minutes of the last Annual General Meeting of the Association.
- 2 To read the Secretarial Report.
- 3 To read the Treasurer's Report.
- 4 To read the Chairman's Report.
- 5 To elect Officers and Committee for the forthcoming year.
- 6 To elect Auditors for the forthcoming year.
- 7 Any other business.

Note: Members wishing to submit resolutions of any kind must ensure they are in the possession of the Chairman not later than seven days prior to the above meeting.

Tom Reilly (Chairman)

Chairman's address: 1 Stanmore Road, Wavertree, L15 9ER

Our Committee needs YOU!

Every year the Chairman, Officers and Committee all step down, but if they wish they can put their names on the nomination list for re-election.

ALL interested Members and Associate Members are also invited to put their names on the nomination list now in circulation.

Note: Eligibility for Chairman or Chairwoman requires Full Member status and they must have served at least 12 month's on the Committee.



There will be a ballot if more than one name is submitted for any one post and there will also be a ballot if excessive numbers are submitted to serve on the General Committee. (Yes - this has happened a few times in the past!)

EVERY MEMBER should make a special effort to attend this AGM - (8.30 prompt)



Our ANNUAL MASS



will be held on **Sunday September 26th in the Metropolitan Cathedral Crypt at 11am**

All club members, associate members and families and friends are invited to attend.

The Rev Fr Michael Gaine will be officiating, and several club members will be accompanying the hymns both instrumentally and vocally.

At this Mass we especially remember and pray for all our past members and members of our families who have sadly passed away.



CHEESE and WINE NIGHTS



The club's Cheese and Wine nights are held the first Thursday of every month at the Ship and Mitre, Dale Street (Upstairs) with our own musicians entertaining us, plus **KEN'S FREE QUIZ** with prizes (Anyone could win - answers are simply a, b or c).

Wycoller

AMAZINGLY we did all manage to reach the car park despite the efforts of thousands of motorists intent on getting to their annual show that was being held right in our line of approach!



The weather was good and spirits high, so off all twelve of us set towards that picturesque weavers' village.

At Wycoller there was a selection of quaint bridges from which to view the tinkling stream and just a few children enjoying the simple pleasures of yesteryear and free at that.

We headed towards Parsons Lee and then Foster's Leap, named for a pre-Olympic activity that seems to have involved some mighty leaps from rock to rock. The option was there for us but unsurprisingly there were no takers, the time of lunch seeming to be of more interest to some of our party. Needless to say lunch was some time off and not before the "gentle rise" ahead.

We reached the permissive path leading to Watersheddles Reservoir, seemingly the watershed between the Irish Sea and the North Sea. This appeared to be a good spot for lunch but Bill suddenly took off as if jet-propelled – not in search of game but of the Yorkshire boundary. We were content to view it from the comfort of our grassy perches. On his return poor Bill was told to swallow his tuck as we were ready to go! All in good fun, as ever, then we retraced our steps to the spot where the Bronte and Pendle paths join. Hereabouts, the moors are wild, but in the summer beautiful and we followed an obvious track for a mile or so before coming sown to pasture and signs of people.

Our route was past Beaver Farm and on to Mean Moss where an ancient wicker gate invited us to someone's front garden through which the path led. All this time there had been the usual chat and banter, not to mention the polite enquiry about afternoon tea. We reached Little Laith, then new Laith and across to Germany. Soon we were descending through a copse and eventually in front of us was the clapper bridge that rivals the one in Devon as England's finest.

Next stop was the teashop followed by the 500m to the car park and the queue to get down to Trawden and more food.



Top tip



(Spotted in a local ramblers' publication)

PROBLEM: How do you slip quickly and easily into your overtrousers and keep the insides clean whilst wearing your horribly muddy boots?

SOLUTION: Keep a couple of plastic bags in your sack along with your overtrousers. When the heavens open, put a bag on each foot and slip quickly and cleanly into your overtrousers. Sweet and simple!

SAFETY WARNING:

1. Take the bags off your feet before resuming walking – danger of slipping, tripping, etc.
2. Never use this technique when trying to get into pullover, etc. – danger of suffocation.
3. Never share bags with other people unless you know their medical history – danger of infection.
4. Do not subsequently discard bags en route – danger to farm animals and wildlife.
5. Make sure the bags are empty before use – danger of crushing your lunch pack.
6. May contain nuts – danger of allergic reaction.
7. If you have only one bag, do one foot at a time; do NOT put both feet into one bag and attempt to get into overtrousers – danger of toppling, rupture, etc.

'Spiritual' Christmas Cake

A tried and trusted/tested recipe

Ingredients:

2 lbs of flour	1 tsp salt
2 cups of dried fruit	4 large eggs
8 oz of nuts	Juice of 1 lemon
8 oz of butter	1 cup of water
1 cup of brown sugar	1 ltr bottle Malt Whisky



Method: Sample the whisky to check the quality. Take a large bowl; check the whisky again to ensure it is of the highest quality. Pour out a level cup and drink. Repeat.

Find table with the ingredients on it. Turn on the electric mixer and beat butter in a large fluffy bowl. Add sugar and beat again. Make sure whisky is OK. Cry another tup.

Turn off the mixer. Break the bowl, add to the eggs and chuck in the dried fruit. Mix on the turner. If dried fruit gets stuck in the beaters, pry it loose with a drawscraper.

Sample the whisky to check the consistency. Sift two cups of salt, or flour, or something – who cares . . . !

Sift the lemon juice and strain nuts. Check the whisky. Add a teaspoon of salt or whatever you can find. Grease the oven. Turn the cake tin to 175 deg C and don't forget to beat off the turner. Stand in the centre of the oven.

Don't forget to throw any spare birds out of the window to the nuts. Now finish off the whisky then bo to ged. Good Christmas and a merry night. ENJOY!